

California Healthy Youth Act
and 7th - 12th Grade CVUSD
Health Education Curriculum

January 26, 2021
Board of Education
Provided as Information

Purpose

- Overview of available “Comprehensive Sexual Health and HIV Prevention” programs
- Review ASHWG recommendations (2016)
- Review timeline for adoption
- Receive approval from the BOE based on staff’s recommendation

Adolescent Sexual Health Work Group (ASHWG)

- **CDE does provide “Curriculum Guidance” from the Adolescent Sexual Health Work Group (ASHWG)**
- ASHWG is an organized collaborative of governmental and non-governmental organizations (NGO) to promote and protect the sexual and reproductive health of youth in California. ASHWG is comprised of program managers from the California Department of Public Health (CDPH), California Department of Education (CDE), and key NGOs committed to working more effectively to address the sexual and reproductive health of California adolescents since 2003.

ASHWG Sub-Committee (2016)

- In June of 2016, a group of eight educators were recruited via ASHWG to form an ad-hoc ASHWG sub-committee charged with reviewing a subset of comprehensive sexual health education curricula for alignment and compliance with the CHYA.
- The sub-committee included “a diverse group of reviewers that represent a number of areas of expertise; have experience working in the field of sexual health education; and who are not linked to the publishing companies of any of the curricula included in the review. We also coordinated the group to include the HIV/STD Prevention Specialist from the CDE in order to provide expertise on the interpretation of the CHYA.”

ASHWG Sub-Committee Curricula Review (2016)

- In 2016, ASHWG reviewed the following comprehensive sexual health education curricula:
 - FLASH (MS, HS)
 - Teen Talk (MS, HS)
 - Positive Prevention Plus (MS, HS)
 - Rights, Respect, Responsibility (MS, HS)
 - Making Proud Choices, CA Edition (MS, HS)
 - Be Real, Be Ready (MS Only)
- A [summary chart](#) of these reviewed curricula is available that provides basic information (e.g. year last updated, lessons reviewed, time per lesson, supplemental materials, cost, training support, and online location).

2016 Adolescent Sexual Health Work Group (ASHWG) Ad-Hoc Curricula Review Group:
 Summary of Sexual Health Education Curricula Included in Review

Name	Publisher/ Author	Last Update	Lessons Available & Lessons Reviewed	Time per lesson	Supplemental Material Available	Cost	Training Support	Online Location
3Rs Rights, Respect, Responsibility	Advocates for Youth	2016	Available: K-12 th - 82 lessons Review included: 6 th -12 th grade 58 lessons	50 minutes	N/A	Free online download	Training	3Rs
Be Real. Be Ready.	San Francisco Unified School District	2015	Available: High School only – 24 lessons available Review included: 15 core lessons authors identify as meeting basic requirements of education code	50 minutes	N/A	Free online download	“Contact Us” page	Be Real Be Ready
FLASH (Family Life and Sexual Health curriculum) Middle School FLASH, 2 nd Edition & High School FLASH, 3 rd edition.	King County, Washington	7 th -8 th grade 2016 9 th -12 th grade 2015	Available: 4 th - 5 th grade – 18 lessons 6 th -8 th grade - 7 lessons 9 th -12 th grade - 15 lessons Review included: 6 th -8 th grade - 7 lessons 9 th -12 th grade - 15 lessons	50 minutes	Special Education curriculum available	Middle and High School: Online license \$49.99 annually per user	ETR (fee based training) Training	FLASH

ASHWG (2016)

ASHWG (2016)

Name	Publisher/ Author	Last Update	Lessons Available & Lessons Reviewed	Time per lesson	Supplemental Material Available	Cost	Training Support	Online Location
Making Proud Choices!: California Edition (draft)	ETR	2016	Available: 14 Lessons that are used for both middle school and high school. Review included: 14 Lessons that are used for both middle school and high school. Draft edition provided by publishers.	40 minutes	N/A	\$648	ETR (fee based training) Training	Making Proud Choices
Positive Prevention PLUS	Positive Prevention Plus	2016	Available: Middle school – 13 lessons High School – 13 lessons Review included: Middle school – 13 lessons High School – 13 lessons	50 minutes	Bilingual English/Spanish student workbooks Special Education curriculum	\$279	Cardea Services (fee based training) Training	Positive Prevention Plus
Teen Talk	Health Connected	2016	Available: 7 th – 8 th grade - 12 Lessons High School - 11 Lessons Reviewed: 7 th – 8 th grade - 12 Lessons High School - 11 Lessons	50-75 minutes (times vary)	Fully Bilingual English Spanish lessons available	\$145-\$215	Health Connected (fee based training) Training	Teen Talk

Updates to CHYA (2019)

- **Since the ASHWG ad-hoc curriculum review in 2016:**
 - Effective, January 1, 2019, CHYA was updated to include required instruction about human trafficking and the role of social media
 - All previously reviewed curricula added updated content
 - New comprehensive sexual health education curricula were published
- **Therefore, the existing 2016 ASHWG reviews do not provide an up-to-date or accurate curriculum analysis alignment and compliance with the CHYA.**

Staff's Recommendation

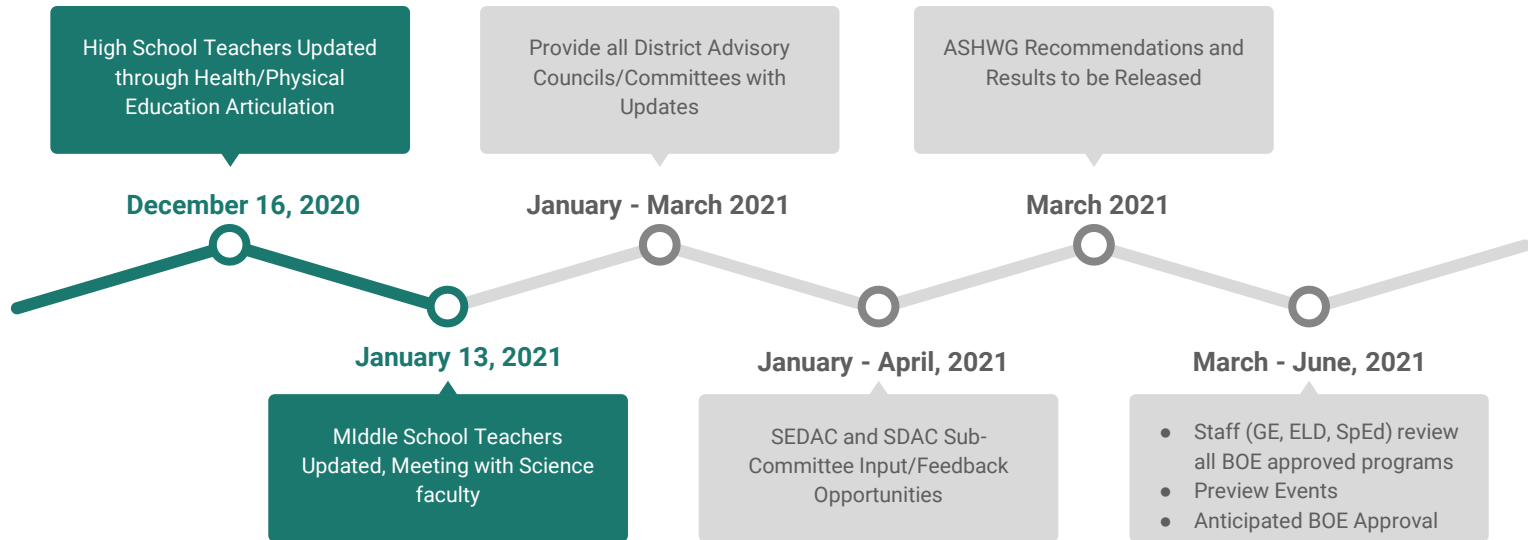
Instructional Services recommends that the following curricula be considered as part of the District's adoption process:

- **Positive Prevention Plus** - Most commonly adopted locally (\$9,870 one-time for teacher materials, ~\$20,272 annually for student materials)
- **Rights Respect Responsibility** - Informal recommendation of ASHWG (Free, Google)
- **Teen Talk** - Informal recommendation of ASHWG (\$8,850 one-time for teacher/student materials)

Adoption Process

- Teacher review and input - this has been continuous & ongoing since 2016
- DAC feedback - presentations are planned at several DACs
- SDAC sub-committee work - input & feedback from various student groups
- Parent Preview Events

Adoption Timeline



Thank you!